



CPTO. DE ESPAÑA ABSOLUTO DE NAT. PRIMAVERA "OPEN" P50, 2 AL 5 DE ABRIL DE 2009
PRUEBA - 10.000 m LIBRE FEMENINO



RC. FEM: Xenia López Rodríguez - 2:00:10,12

01	REQUENA JUAREZ YUREMA 53377623 1983 C.N. VILA-REAL	1:59:07,58	100	200	400	500	800	1000	1500	2000	2500	3000	3500	4000	4500	5000
		R.C.	0:01:08,45	0:02:18,59	0:04:39,21	0:05:49,73	0:09:22,98	0:11:45,95	0:17:47,40	0:23:50,97	0:29:50,91	0:35:48,57	0:41:46,66	0:47:47,36	0:53:52,06	0:59:47,46
								0:05:56,22	0:06:01,45	0:06:03,57	0:05:59,94	0:05:57,66	0:05:58,09	0:06:00,70	0:06:04,70	0:05:55,40
		medias	100	500	1000		5500	6000	6500	7000	7500	8000	8500	9000	9500	10000
			1:11,48	5:57,38	11:54,76		1:05:48,95	1:11:47,44	1:17:36,59	1:23:31,42	1:29:26,84	1:35:22,02	1:41:11,28	1:47:04,71	1:53:05,56	1:59:07,58
02	DOMINGUEZ CABEZAS MARGARITA 23045572 1987 A.D. ANCORA	1:59:51,57	100	200	400	500	800	1000	1500	2000	2500	3000	3500	4000	4500	5000
			0:01:09,24	0:02:19,46	0:04:39,96	0:05:50,24	0:09:22,66	0:11:45,23	0:17:47,52	0:23:50,98	0:29:51,92	0:35:48,26	0:41:46,25	0:47:47,92	0:53:51,69	0:59:43,87
								0:05:54,99	0:06:02,29	0:06:03,46	0:06:00,94	0:05:56,34	0:05:57,99	0:06:01,67	0:06:03,77	0:05:52,18
		medias	100	500	1000		5500	6000	6500	7000	7500	8000	8500	9000	9500	10000
			1:11,92	5:59,58	11:59,16		1:05:47,50	1:11:48,40	1:17:37,22	1:23:31,66	1:29:26,23	1:35:22,40	1:41:17,13	1:47:23,50	1:53:58,18	1:59:51,57
03	MAYOL ANDURELL MARTA 43559001 1991 C.N. SABADELL	2:00:40,55	100	200	400	500	800	1000	1500	2000	2500	3000	3500	4000	4500	5000
			0:01:10,06	0:02:20,01	0:04:40,69	0:05:50,84	0:09:23,50	0:11:46,52	0:17:48,05	0:23:51,31	0:29:53,95	0:35:51,45	0:41:48,81	0:47:47,99	0:53:52,75	0:59:53,21
								0:05:55,68	0:06:01,53	0:06:03,26	0:06:02,64	0:05:57,50	0:05:57,36	0:05:59,18	0:06:04,76	0:06:00,46
		medias	100	1100	2200		5500	6000	6500	7000	7500	8000	8500	9000	9500	10000
			1:12,41	6:02,03	12:04,05		1:05:50,38	1:11:47,67	1:17:44,38	1:23:44,85	1:29:48,88	1:35:54,02	1:42:03,14	1:48:14,27	1:54:26,91	2:00:40,55
04	RECIO PANEQUE MARTA 76427117 1990 R.C. MEDITERRANEO	2:02:17,40	100	200	400	500	800	1000	1500	2000	2500	3000	3500	4000	4500	5000
			0:01:09,99	0:02:20,21	0:04:41,24	0:05:51,99	0:09:24,96	0:11:48,33	0:17:48,33	0:23:51,42	0:29:54,92	0:35:48,24	0:41:47,20	0:47:47,96	0:53:48,95	0:59:44,07
								0:05:56,34	0:06:00,00	0:06:03,09	0:06:03,50	0:05:53,32	0:05:58,96	0:06:00,76	0:06:00,99	0:05:55,12
		medias	100	500	1000		5500	6000	6500	7000	7500	8000	8500	9000	9500	10000
			1:13,37	6:06,87	12:13,74		1:05:48,50	1:11:50,44	1:17:52,00	1:23:58,07	1:30:09,08	1:36:28,40	1:42:55,49	1:49:24,81	1:55:52,72	2:02:17,40
05	GARCIA PARDAVILA IRIA 44733600 1991 C.N. GALAICO	2:10:59,73	100	200	400	500	800	1000	1500	2000	2500	3000	3500	4000	4500	5000
			0:01:10,53	0:02:22,70	0:04:49,02	0:06:03,07	0:09:46,13	0:12:15,32	0:18:27,16	0:24:44,26	0:31:04,01	0:37:28,06	0:43:52,55	0:50:18,01	0:56:46,29	1:03:15,83
								0:06:12,25	0:06:11,84	0:06:17,10	0:06:19,75	0:06:24,05	0:06:24,49	0:06:25,46	0:06:28,28	0:06:29,54
		medias	100	500	1000		5500	6000	6500	7000	7500	8000	8500	9000	9500	10000
			1:18,60	6:32,99	13:05,97		1:09:47,17	1:16:20,84	1:22:58,93	1:29:41,01	1:36:24,06	1:43:12,78	1:50:10,52	1:57:11,00	2:04:08,78	2:10:59,73

