



# 5000 M. LIBRE MASCULINO

LI CTO. ESPAÑA ABSOLUTO INVIERNO P50, 19 AL 22 DE DICIEMBRE 2007 GIJON

Datos técnicos: Piscina de 50 m., Cronometraje Manual

01 52629935 HERVAS JODAR FCO. JOSE 1981 C.N. HOSPITAELT	0:53:48,08	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
		1:02,41	2:06,15	4:13,66	5:17,34	8:28,30	10:36,36	15:57,04	21:19,17	26:42,61	32:06,72	37:32,09	42:57,11	0:48:24,24	0:53:48,08
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>				5:19,02	5:20,68	5:22,13	5:23,44	5:24,11	5:25,37	5:25,02	5:27,13
		1:04,56	5:22,81	10:45,62			10:36,36		10:42,81		10:47,55		10:50,39		10:50,97
02 43124020 LOPEZ DIAZ CARLOS 1983 C.N. PALMA MALLORCA	0:56:48,46	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
		1:04,14	2:10,92	4:24,96	5:32,02	8:53,98	11:08,09	16:45,38	22:25,92	28:08,19	33:52,58	39:35,29	45:16,09	0:51:00,79	0:56:48,46
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>				5:36,07	5:37,29	5:40,54	5:42,27	5:44,39	5:42,71	5:40,80	5:44,70
		1:08,17	5:40,85	11:21,69			11:08,09		11:17,83		11:26,66		11:23,51		11:32,37
03 50899535 RAHMUNI DEL POZO ISMAEL 1992 C.D. COVIBAR RIVAS	0:57:03,96	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
		1:05,75	2:12,99	4:28,25	5:35,96	8:59,55	11:15,57	16:56,84	22:36,47	28:19,52	34:05,34	39:49,31	45:35,05	0:51:21,59	0:57:03,96
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>				5:39,61	5:41,27	5:39,63	5:43,05	5:45,82	5:43,97	5:45,74	5:46,54
		1:08,48	5:42,40	11:24,79			11:15,57		11:20,90		11:28,87		11:29,71		11:28,91
04 47080120 GARCIA GASCON JUAN CARLOS 1984 C.N. ALBACETE	0:57:30,95	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
		1:03,78	2:09,90	4:23,70	5:30,81	8:52,47	11:06,51	16:43,76	22:26,00	28:07,20	33:51,10	39:35,59	45:26,59	0:51:23,57	0:57:30,95
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>				5:35,70	5:37,25	5:42,24	5:41,20	5:43,90	5:44,49	5:51,00	5:56,98
		1:09,02	5:45,10	11:30,19			11:06,51		11:19,49		11:25,10		11:35,49		12:04,36
05 X1925068 SNELSON THOMAS ++ 1990 R.C. MEDITERRANEO	0:57:58,92	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
		1:03,96	2:10,75	4:25,44	5:33,89	8:58,61	11:16,59	17:01,26	22:42,96	28:29,87	34:21,56	40:12,70	46:08,18	0:52:02,46	0:57:58,92
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>				5:42,70	5:44,67	5:41,70	5:46,91	5:51,69	5:51,14	5:55,48	5:54,28
		1:09,58	5:47,89	11:35,78			11:16,59		11:26,37		11:38,60		11:46,62		11:50,74
06 52932348 BRION SANPEDRO IVAN 1989 C.N. RIVEIRA	0:58:12,81	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
		1:04,23	2:09,78	4:23,63	5:30,95	8:53,33	11:09,32	16:54,07	22:42,88	28:42,00	34:27,95	40:23,45	46:19,66	0:52:17,08	0:58:12,81
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>				5:38,37	5:44,75	5:48,81	5:59,12	5:45,95	5:55,50	5:56,21	5:57,42
		1:09,86	5:49,28	11:38,56			11:09,32		11:33,56		11:45,07		11:51,71		11:53,15
07 45738568 SERRANO VAZQUEZ PEDRO 1984 A.D.N. CORDOBA	0:58:53,90	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
		1:03,56	2:09,59	4:24,80	5:33,45	9:00,34	11:19,24	17:11,57	23:06,61	29:01,32	34:57,25	40:55,20	46:56,35	0:52:57,29	0:58:53,90
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>				5:45,79	5:52,33	5:55,04	5:54,71	5:55,93	5:57,95	6:01,15	6:00,94
		1:10,68	5:53,39	11:46,78			11:19,24		11:47,37		11:50,64		11:59,10		11:57,55





# 5000 M. LIBRE FEMENINO

LI CTO. ESPAÑA ABSOLUTO INVIERNO P50, 19 AL 22 DE DICIEMBRE 2007 GJON

Datos técnicos: Piscina de 50 m., Cronometraje Manual

01 53377623 YUREMA REQUENA JUAREZ 1983 C.N. VILA-REAL	0:59:17,04	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
	1:09,60	2:20,68	4:43,29	5:54,38	9:27,48	11:50,88	17:54,94	23:55,66	29:53,34	35:51,09	41:43,55	47:34,26	0:53:23,66	0:59:17,04	
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>			5:56,50	6:04,06	6:00,72	5:57,68	5:57,75	5:52,46	5:50,71	5:49,40	5:53,38
02 76427117 MARTA RECIO PANEQUE 1990 R.C. MEDITERRANEO	0:59:35,95	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
	1:09,89	2:21,15	4:43,72	5:55,35	9:28,51	11:51,44	17:54,64	23:55,56	29:52,78	35:50,31	41:46,95	47:42,95	0:53:40,70	0:59:35,95	
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>			5:56,09	6:03,20	6:00,92	5:57,22	5:57,53	5:56,64	5:56,00	5:57,75	5:55,25
03 46649104 XENIA LOPEZ RODRIGUEZ 1980 C.N. SABADELL	0:59:57,60	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
	1:10,78	2:22,08	4:44,80	5:56,32	9:30,42	11:53,46	17:54,02	23:54,72	29:51,36	35:50,59	41:40,55	47:38,24	0:53:47,91	0:59:57,60	
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>			5:57,14	6:00,56	6:00,70	5:56,64	5:59,23	5:49,96	5:57,69	6:09,67	6:09,69
04 44733600 GARCIA PARDAVILA IRIA 1991 C.N. GALAICO	1:00:33,77	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
	1:09,24	2:20,84	4:44,82	5:56,62	9:32,17	11:56,26	17:58,63	24:04,84	30:09,98	36:15,45	42:21,22	48:29,61	0:54:32,20	1:00:33,77	
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>			5:59,64	6:02,37	6:06,21	6:05,14	6:05,47	6:05,77	6:08,39	6:02,59	6:01,57
05 23045572 MARGARITA DOMINGUEZ CABEZAS 1987 A.D. ANCORA	1:00:49,05	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
	1:11,56	2:23,57	4:47,86	5:59,93	9:36,39	12:00,06	18:03,53	24:07,52	30:10,11	36:13,92	42:18,93	48:25,51	0:54:37,52	1:00:49,05	
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>			6:00,13	6:03,47	6:03,99	6:02,59	6:03,81	6:05,01	6:06,58	6:12,01	6:11,53
06 47843194 MARTINEZ CORRAL ELENA 1986 C.N. MATARO	1:02:15,74	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
	1:12,28	2:25,13	4:51,74	6:05,86	9:49,27	12:14,12	18:23,62	24:37,73	30:51,94	37:22,67	43:33,05	49:46,33	0:56:00,95	1:02:15,74	
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>			6:08,26	6:09,50	6:14,11	6:14,21	6:30,73	6:10,38	6:13,28	6:14,62	6:14,79
07 53254379 GUTIERREZ TABOADA LAURA 1991 C.N. PISCIS	1:02:17,96	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
	1:10,18	2:21,49	4:44,73	5:56,85	9:32,66	11:58,25	18:05,10	24:15,74	30:28,18	36:44,96	43:06,40	49:32,96	0:55:56,41	1:02:17,96	
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>			6:01,40	6:06,85	6:10,64	6:12,44	6:16,78	6:21,44	6:26,56	6:23,45	6:21,55
08 46982160 AINA LLOP SANGENIS 1986 C.N. ATLETIC-BNTA	1:02:37,27	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
	1:10,70	2:22,68	4:46,79	5:58,48	9:34,66	11:59,28	18:04,39	24:13,16	30:27,09	36:45,58	43:07,08	49:34,92	0:56:06,86	1:02:37,27	
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>			6:00,80	6:05,11	6:08,77	6:13,93	6:18,49	6:21,50	6:27,84	6:31,94	6:30,41
09 44651315 GARCIA MARUI ALEJANDRA 1992 R.C. MEDITERRANEO	1:03:38,83	<u>100</u>	<u>200</u>	<u>400</u>	<u>500</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>2000</u>	<u>2500</u>	<u>3000</u>	<u>3500</u>	<u>4000</u>	<u>4500</u>	<u>5000</u>
	1:12,33	2:25,07	4:51,30	6:05,58	9:47,80	12:15,48	18:36,94	25:06,52	31:31,98	38:00,20	44:22,77	50:48,89	0:57:16,23	1:03:38,83	
	PROMEDIOS	<u>100</u>	<u>500</u>	<u>1000</u>			6:09,90	6:21,46	6:29,58	6:25,46	6:28,22	6:22,57	6:26,12	6:27,34	6:22,60
		1:16,38	6:21,88	12:43,77			12:15,48		12:51,04		12:53,68		12:48,69		12:49,94

