



MARCAS DE REFERENCIA 2014

MASCULINOS				PRUEBAS	FEMENINOS			
INTERNACIONAL (19-20 años)	EUROPEO	MUNDIAL	OLIMPICO		OLIMPICO	MUNDIAL	EUROPEO	INTERNACIONAL (17-18 años)
22,47	00:22,33	00:22,02	00:21,92	50 LIBRES	00:24,95	00:25,06	00:25,31	25,57
49,70	00:49,12	00:48,72	00:48,49	100 LIBRES	00:54,04	00:54,56	00:55,01	55,39
1.49.54	01:48,12	01:47,21	01:46,87	200 LIBRES	01:57,17	01:58,41	01:58,97	2.00.10
3.53.56	03:51,70	03:50,22	03:47,86	400 LIBRES	04:07,39	04:08,95	04:10,98	4.13.57
	07:56,47	07:51,02		800 LIBRES	08:26,95	08:32,80	08:36,72	8.39.62
15.26.23	15:19,18	15:10,19	15:03,64	1500 LIBRES		16:07,89	16:24,07	
	00:25,04	00:24,83		50 ESPALDA		00:28,02	00:28,44	
55,10	00:54,72	00:54,57	00:53,76	100 ESPALDA	01:00,07	01:00,65	01:01,09	1.01.57
1.59.75	01:59,52	01:58,66	01:56,83	200 ESPALDA	02:09,84	02:10,80	02:11,92	2.13.09
	00:27,47	00:27,34		50 BRAZA		00:30,83	00:31,31	
1.01.50	01:01,10	01:00,32	01:00,06	100 BRAZA	01:07,43	01:07,98	01:08,59	1.09.12
2.13.88	02:12,69	02:11,72	02:10,61	200 BRAZA	02:25,20	02:27,46	02:28,20	2.28.83
	00:23,50	00:23,20		50 MARIPOSA		00:26,06	00:26,32	
53,25	00:52,71	00:52,23	00:51,95	109 MARIPOSA	00:58,49	00:58,73	00:59,21	59,95
1.59.17	01:57,86	01:56,71	01:56,26	200 MARIPOSA	02:08,72	02:10,13	02:10,90	2.11.94
2.01.60	02:00,71	01:59,53	01:58,63	200 ESTILOS IND.	02:11,71	02:13,32	02:14,01	2.15.08
4.20.20	04:19,10	04:17,37	04:13,85	400 ESTILOS IND.	04:39,54	04:42,20	04:44,34	4.46.53

Madrid, octubre de 2013