



XXI SPANISH OPEN WATER SWIMMING CHAMPIONSHIPS OPEN 5K-7.5K-10K & TEAM EVENT

SEVILLA – 15.16.17th June, 2018



CEAR La Cartuja – Meandro San Jerónimo



www.rfen.es



RULES XXI SPANISH OPEN WATER SWIMMING **CHAMPIONSHIPS “OPEN”** Season 2017-2018

1. DATES: 15.16.17th of June, 2018
2. PLACE: Sevilla – CAR Isla de La Cartuja
3. CATEGORIES:

All Category	Men & Women	All ages
Junior – 2	Men & Women	1999-2000 // 19 y 18 years
Junior – 1	Men & Women	2001-2002 // 17 y 16 years
Youth	Men & Women	2003-2004 // 15 y 14 years

4. PROGRAM:

	All Category	Junior - 2	Junior - 1	Youth
Friday, 15 th PM	10 km.	10 km.	----	5 km.
Saturday, 16 th PM	5 km. T/T	----	7.5 km.	----
Sunday, 17 th AM	5 km. Team Relay			

5. ENTRIES

- 5.1. All foreign swimmers must have their National Sports License with respective Federation recognized by FINA, valid for current season 2017-2018.
- 5.2. Entries must be done according to the FINA General Rules for swimming (2017-2018) and RFEN General Rules.
- 5.3. Deadline:
Entries must send to RFEN with attached form by email (rfen@rfen.es) before 12:00 hours of 30st of May 2018. Delayed entries or no dully filled will not be accepted.
- 5.4. Final lists will be published on 6th of June 2018, at 12:00 h.

6. RULES OF COMPETITION

- 6.1. Start list for the 5 km (Young & Team Relay), 7.5 km and 10 km will be fixed by RFEN and the organization.
- 6.2. 5 km Time Trial (All Category):
 - Start list order will be inverse to the classification obtained in the 10 km event. (1st place: last position, 2nd: penultimate position, 3rd...).
 - Swimmers who only participate in the 5 km Time Trial, will start in first position according to the draw previously established.
 - The interval of the starts will be 60 seconds between each swimmer. In case of the participation will exceed 40 swimmers (men and women), the starting interval would be 30 seconds between each swimmer.



7. SCORING SYSTEM

7.1. All OPEN swimmers won't have scoring.

8. PRIZES

8.1. Medals for the first, second and third qualified of each event:

10 km & 5 km Time Trial	All Category	Men & Women
10 km	Junior – 2	Men & Women
7.5 km	Junior – 1	Men & Women
5 km	Youth	Men & Women
5 km Team Relay	All Category	Mixed

9. TEAMS QUALIFICATION (only National Teams)

10. ECONOMIC RULES

10.1. According to the [economic rules of RFEN](#), entry in 1 event: **15 €**, 2 events: **23 €** and team relay: **16€**/per team

- ➔ Entries application form must be sent to: rfen@rfen.es
- ➔ Technical information: jcadens@rfen.es & ricardobarreda@rfen.es



TECHNICAL INFORMATION

- ❖ TECHNICAL MEETING:
 - For coaches.
 - Individual events: Friday, June 15th at 11:30.
 - Team Relay event: Saturday, June 16th at 20:00.
 - Place: competition venue

- ❖ BRIEFING:
 - For swimmers.
 - 15 minutes before the start of each event.
 - Place: Call Room.

- ❖ OFFICIAL TRAINING:
 - Previous days.
 - Competition venue:
 - Thursday, June 14th: 16:00 to 19:30.
 - Friday, June 15th: 10:00 to 13:00.

- ❖ RACE COURSE:
 - Individual events: 2.5K lap course (5K: 2 laps, 7.5K: 3 laps & 10K: 4 laps)
 - Relay event: 1.25K lap course

- ❖ TIME CAP:
 - According Open Water FINA rules 2017-2021. [Rule 6.17 – THE RACE](#)
 - In all events, time limits shall apply as follows from the finish time of the first swimmers: 15 minutes per 5km (or part thereof) up to a maximum time limit of 120 minutes.

- ❖ SWIMWEAR AND WETSUITS:
 - It will be regulated according the agreements published by F.I.N.A. ([BL 8 SWIMWEAR, FINA Bureau on 2 December 2016](#)).

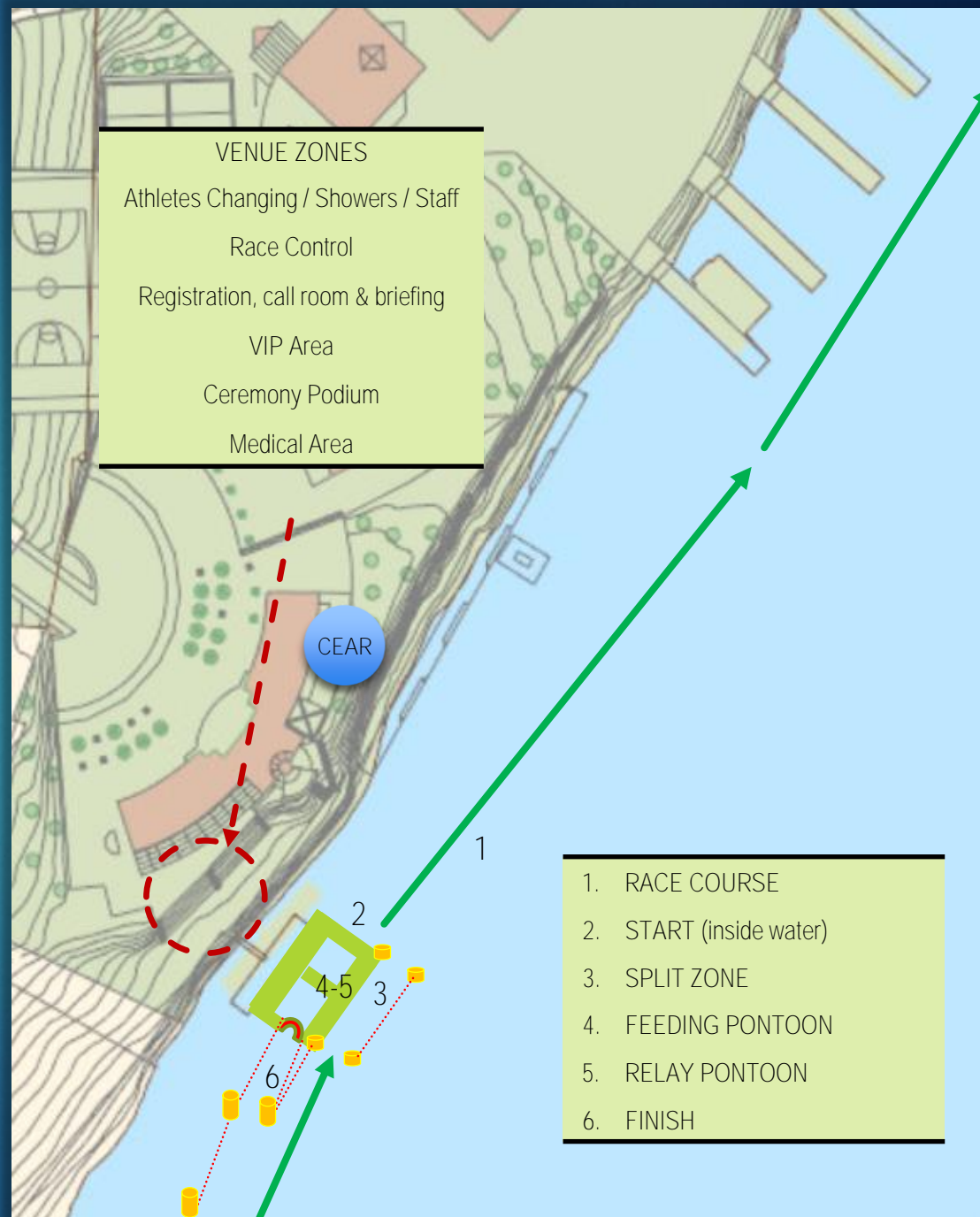
- ❖ ANTIDOPING
 - It will be regulated according the specific rules of the Spanish Antidoping State Agency, the Royal Spanish Swimming Federation and F.I.N.A.

- ❖ SAFETY AND SECURITY
 - It will be guaranteed by CEAR La Cartuja and Cruz Roja Española.

- ❖ ACCOMMODATION ([link](#))

VENUE MAP

CEAR "La Cartuja"



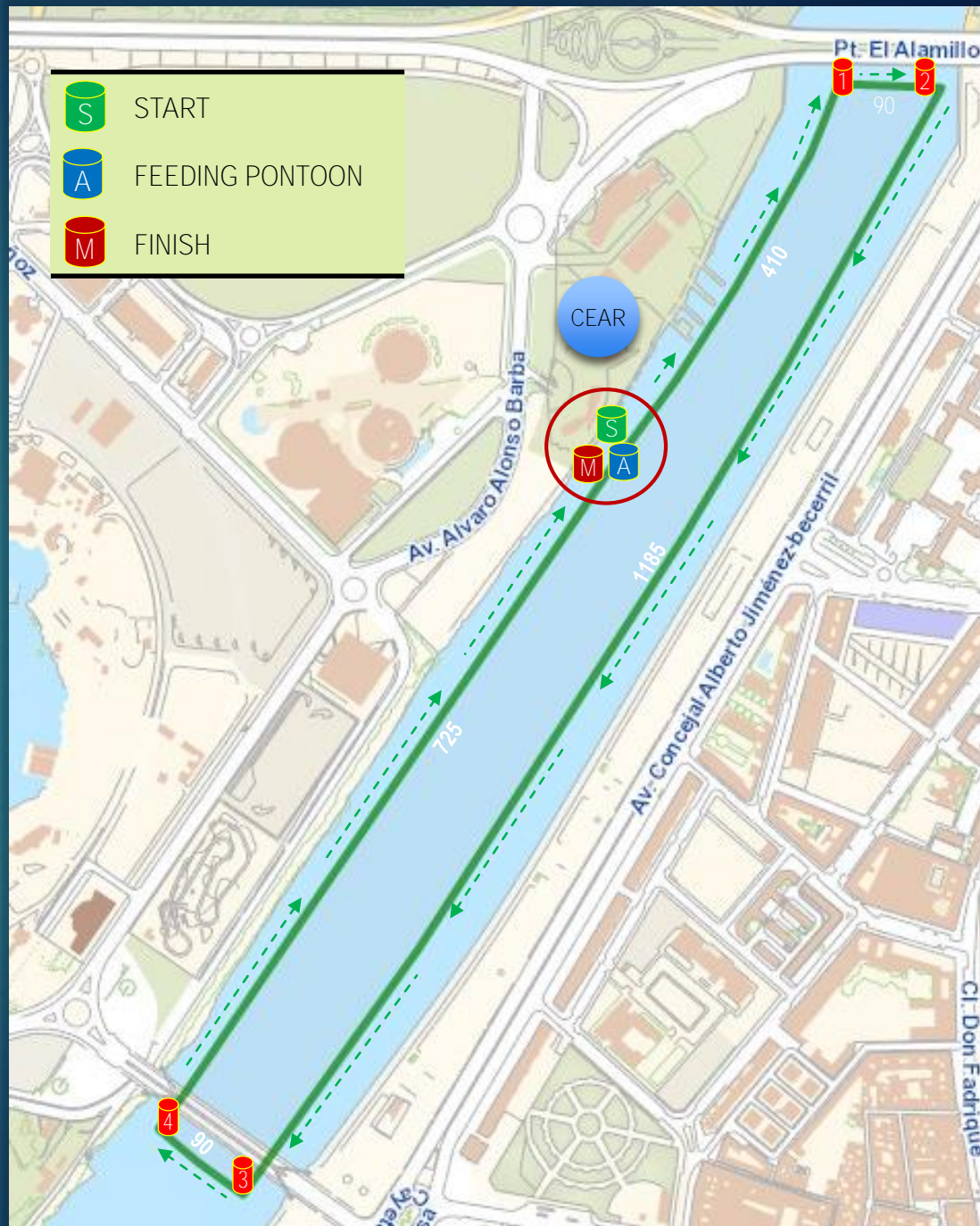
RACE COURSE 2.500 mts

EVENTS

5K – 7.5K – 10K

RACE COURSE DESCRIPTION

	5K		7.5K		10K	
	1st lap	2nd lap	3rd lap	4th lap		
Buoy-1	410	2910	5410	7910		
Buoy-2	500	3000	5500	8000		
Buoy-3	1685	4185	6685	9185		
Buoy-4	1775	4275	6775	9275		
Split-FINISH	2500	5000	7500	10000		



RACE COURSE 1.250 mts

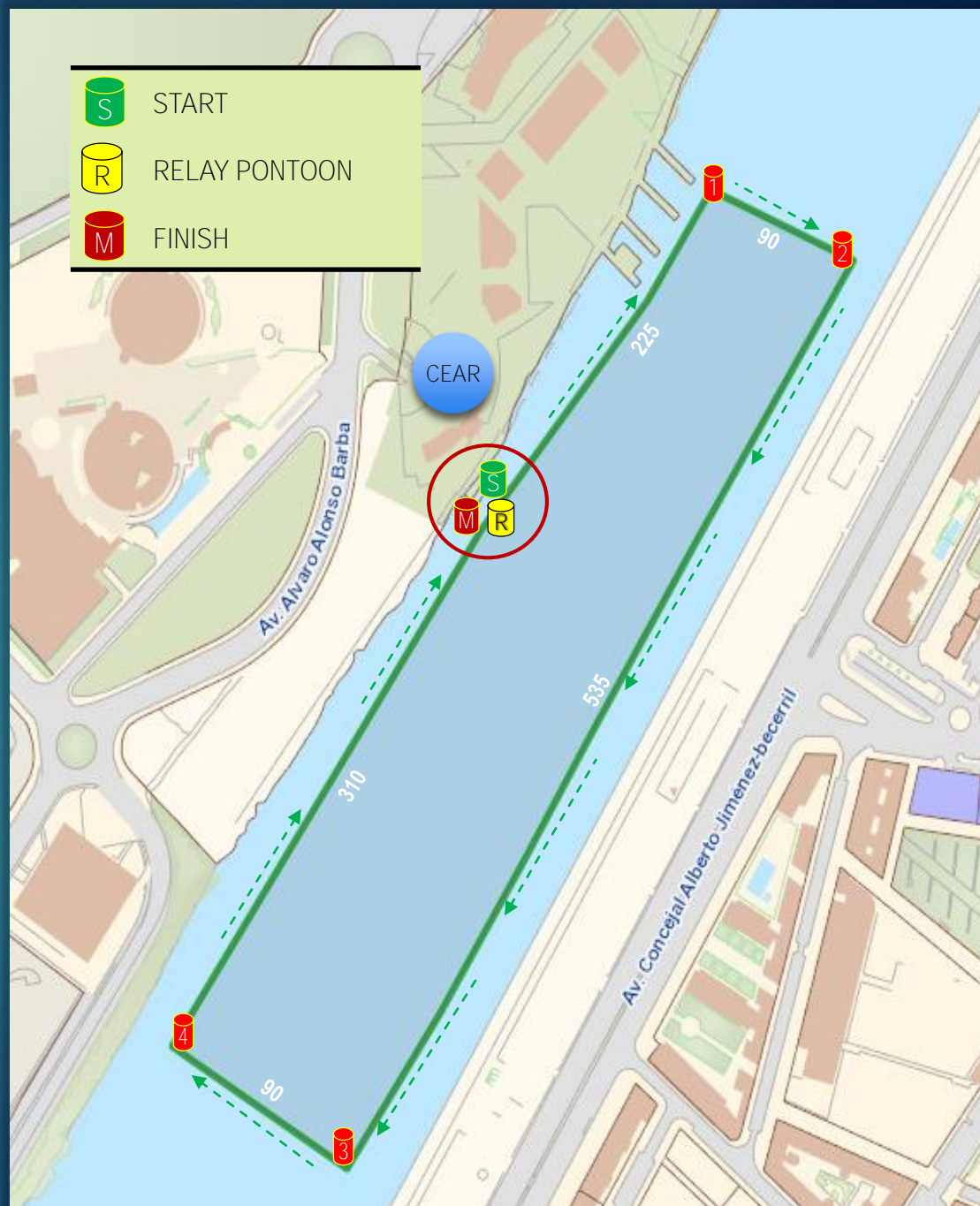
EVENTS

Mixed Relay 5K (4x1250 mts)
All Category

DESCRIPCIÓN RUTA

5K

	1st relay	2nd relay	3rd relay	4th relay
Buoy-1	225	1475	2725	3975
Buoy-2	315	1565	2815	4065
Buoy-3	850	2100	3350	4600
Buoy-4	940	2190	3440	4690
Toma Relevo - META	1250	2500	3750	5000



ENTRIES FORM

XXI SPANISH OPEN WATER SWIMMING CHAMPIONSHIPS "OPEN"

Please send this form no later than 30st of May 2018 by Email: rfen@rfen.es

FEDERATION:	COUNTRY CODE:.....
CONTAC PERSON:	
E-MAIL:	PHONE/MOBILE:

NAME	LAST NAME	GENDER	DATE OF BIRTH	EVENT
.....	5K T/T <input type="checkbox"/> 10K <input type="checkbox"/> 7.5K <input type="checkbox"/> 5K <input type="checkbox"/> Relay <input type="checkbox"/>
.....	5K T/T <input type="checkbox"/> 10K <input type="checkbox"/> 7.5K <input type="checkbox"/> 5K <input type="checkbox"/> Relay <input type="checkbox"/>
.....	5K T/T <input type="checkbox"/> 10K <input type="checkbox"/> 7.5K <input type="checkbox"/> 5K <input type="checkbox"/> Relay <input type="checkbox"/>
.....	5K T/T <input type="checkbox"/> 10K <input type="checkbox"/> 7.5K <input type="checkbox"/> 5K <input type="checkbox"/> Relay <input type="checkbox"/>
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.....	5K T/T <input type="checkbox"/> 10K <input type="checkbox"/> 7.5K <input type="checkbox"/> 5K <input type="checkbox"/> Relay <input type="checkbox"/>

Date:

Signature and Stamp:

President or Team Manager: